

WALLASEY u3a STAYING IN TOUCH JULY



Welcome to our **EXCITING** new look Wallasey U3A Newsletter!

Following comments from some people that they had difficulty reading the double column layout that I have been using for the newsletter, it was suggested that I should make the columns wider for easier reading. Although I think this requires more scrolling around on your phone, I thought I should give it a go. You could try turning your phone side-on for a more 'enhanced experience'. I await your feedback. Cathy Morgan

Chair Report: I am pleased to report that we had a very successful Summer Party on



Thursday 16th July, 72 members had a great day playing games such as Jenga, Sit Down Bingo and Tombola, as well as tackling a challenging table quiz, all while being entertained by our own ukulele group "Ukeebinders". There was an excellent buffet lunch and numerous



prize winners in our two very different

raffles. I would like to take this opportunity to thank all the

committee members who organised the whole event as well as Angela Hansberry-Hammond for running the tombola and of course Brian Cook who, as always, along with his team of volunteers, manned the refreshments.



As you know there is no monthly meeting in

July, so I look forward to seeing you all at the end of August. (Photos by Tony Jenkins),

more to see on our Wallasey U3A website [Events - Wallasey](#) Brian Redhead. **Chairman**

Please note that as from May 28th, we have reluctantly increased our entry fee to £3 for our members meetings to cover the increased cost of our speakers. Please continue to remember to bring your own mugs and take them home again afterwards as we have no means of storing mugs at NBCBC.

Our next members meeting is on Wednesday August 27th and we will see the return of

Rob Jones, a popular speaker who, this time will be giving us a talk about the Illustrated History of Tobacco in Liverpool. [Previous FoWT monthly meeting: A talk by Rob Jones, “An Illustrated History of the Tobacco Trade in Liverpool 1642-2007” – Friends of Williamson's Tunnels](#)

(Photos by Tony Jenkins. More photos on our Wallasey U3A website [Wallasey](#) and our Facebook page).

Have you joined the U3A Friends Extra scheme yet?

Friends Extra is a new benefits website exclusively for u3a members. **Friends Extra** provides access to a wide range of offers, discounts and additional services. They cover a wide variety of benefits such as:-

Shopping savings on major brands and retail discount cards.

Travel discounts from selected partners.

Lifestyle and leisure offers, like family days out, trips to the cinema and theatre.

Insurance offers on home, car and travel insurance.

Access to financial advice and a legal helpline. Health and wellbeing discounts on eye care, health tests, gyms, spa deals and golf courses.

Just Google U3A Friends Extra or click

<https://www.u3a.org.uk/get-involved/u3a-friends/friends-extra-faqs>



What other U3As in our area are doing

Wirral U3A: Meetings:

They meet every other Monday in Upton Victory Hall Tennis and Bowls Club which is off Rake Lane, Upton Village. Wirralu3a.org.uk

Oxton and Prenton U3A:

Speakers:

11th September: The Apostle of Sanitation, Saviour of Chester – John Walker

25th September: – Social Meeting

9th October: – Liverpool's Historic Pubs

23rd October: – Social Meeting

6th November: – Bogs, Baths and Basins

20th November: – Social Meeting

4th December: – The 1903 Daniel Adamson Steamship Talk

18th December 2025 – Social Meeting

Neston U3A: Visit their website to learn more about them. [Welcome –](#)

NestonU3A.org.uk

Heswall U3A: [Events | Heswallu3a.org.uk](#)

Short Courses: These are usually a one-off session on a variety of topics for circa 30 pre-booked members. See their Newsletter on their website for booking details.

Trips: They run various trips for members including Short trips, Theatre visits and longer Coach trips. See their Newsletter or enquire at a Member Information Session for the latest information.

Our Group Activities

Board Games Group: At Boardgames we are having a break over August. We shall restart in September when we shall be changing the day & time to Mondays at 2 pm- alternating with Scrabble. Our 1st session back will be Monday 1st September 2 pm- 4 pm .Same venue (Olawa bakery).

I am also including card games, so there will be the opportunity to play such games as Cribbage, Canasta, Rummy, Whist etc, as well as Boardgames.

Hoping to see you there Olawa Bakery, Wallasey Road. We'd love you to come along and give it a go. Please contact **Praveen** by texting her or email. Please do not phone her.

Book Club: The next book choices (based on members suggestions).

THERE WILL BE A SUMMER BREAK IN JULY AND AUGUST

3/9 'Snow falling on cedars ' David Guterson

1/10 'The big sleep' Raymond Chandler

5/11 'An awfully big adventure' Beryl Bainbridge

3/12 'Orbital' Samantha Harvey

1st Wednesday of the month, 2-4pm, Telegraph pub, MT Pleasant Road, New Brighton.

Contact **Jo Loughlin** (text) as she has to inform the management regarding numbers.

Bus Buddies: We are planning our next Bus Buddies trip to Port Sunlight later in August. If you would like to join in any of our brilliant bus outings then please contact me, Cathy Morgan with your mobile phone number and I will add you to our Whatsapp list. More photos on our website [Bus Buddies - Wallasey](#)

Cinema Group: We are having a break until after the school holidays, if you would like to join our Cinema Group please contact **Angie**.

Craft Group: No craft club in August. Back on the 11th September. We have some places if anyone would like to join. **Contact Jan.**

Crown Green Bowls: Sessions are on a Monday & Tuesday from 9.50 to 11.30 at Marine Park New Brighton.

We have a spare set of bowls if you want to try the sport. **Contact Brian (Monday) or Jen (Tuesday)** for further information.

Discussion Group: No August Discussion Group. On Tuesday 9th September, 2p.m. at The Telegraph, How's your spelling? Is it time for spelling reform? After all, ghoti spells fish, doesn't it? The Telegraph Pub, 2p.m. As always, all welcome. **Jenny Campbell.**

Indoor Bowls: - finished Thursday 24th April and recommences Thursday 2nd October. **Brian Cook.**



Lunch Group: We had a wonderful meal at the Indian Hive last month.....despite all the doom and gloom about the place. The kitchen and toilets were spotless and the only reason they had received a low rating was that their paperwork was not completed which is why they were able to have another inspection so quickly. They are now 4 star. We won't be meeting



in August and so our next lunch will be Thursday 4th September. If you wish to join us please phone **Liz**.

Scrabble: No Scrabble Club in August. We resume 8th September at 2pm to 4pm at Olowa Bakery, Wallasey Road, Liscard. For more information see website or email **Eddie Shiff**.

Social Committee:

Speke Hall visit 5th September. We are very sorry but we are having to cancel this visit. We do not have enough non-National Trust members wishing to go for us to qualify for a group discount, and we are also having difficulty hiring a minibus. All monies will be repaid in full at the August meeting.

Recycling Discovery Centre, Gillmoss

We have been informed by one of our members that this is a very interesting and informative Centre to visit. There is no cost and we can get there by public transport. We are limited to numbers so you will need to sign up at our August/September meetings. We will have more information (ie date, time and how to get there) in the August Newsletter. Do you have any suggestions of places to visit? **Contact Jean Taylor**.

[Social Committee \(Outings\) - Wallasey \(u3asite.uk\)](http://u3asite.uk)

Strollers: If you would like to join us then Email **Graham Clayton**.

Table Tennis: Table tennis continues at the Belvidere Centre, Belvidere Rd on Mondays from 1:30pm. We play doubles, are not experts, but all are improving! Any members interested in joining us, please contact **Ruth Harrison**

Tea Rota: We provide tea and coffee at each of our monthly meetings but we always need volunteers to help. If you would like to help with the teas and coffees in future please contact Brian Cook.

Theatre Group: Our next outing will be to see "Fiddler on the Roof" at the Empire - end of September. If anyone else is interested in going to this please phone or text me **Liz**.

Walking Group: The Walking group continues to meet once a fortnight, we have recently walked around Maghull and Willaston. Future walks will include Whitegate and Heswall and Parkgate. We are still looking for a leader for this group which will fold in October if

nobody comes forward. Anyone interested in joining us or leading the group should contact Lesley Andrews.

Carrot Bread



Ingredients

200g Plain Flour or gluten free flour, 50g rolled oats, ¼ tsp salt, 2 tsp baking powder, ½ tsp bicarbonate soda. 200g grated carrot, 150g sugar, 50g brown sugar, 2 large eggs, 120 ml oil. 120 ml plain yogurt or buttermilk. 1 tsp ground cinnamon, ¼ tsp nutmeg, 1 tsp vanilla essence. 50 g chopped walnuts or raisins that have been soaked in tea.

Method

- * Beat eggs, oil sugars yogurt and vanilla until smooth
 - * Add the grated carrot and stir till combined
 - * Sieve the flour, baking powder, bicarb, spices and salt and mix into the liquid mixture
- * Fold in nuts or raisins
 - * Pour the mixture into a greased and lined Loaf tin (9 x 5 in)
 - * Bake 180° C Fan 160 ° C, Gas 4 for 50 – 60 mins Test when cooked by using a skewer/toothpick should come clean. Use crushed pineapple or cooked apple for a moister cake, Glaze with sweetened cream cheese drizzle, honey or serve plain.

Marina is very interested to hear from anyone who follows any of her recipes as to how they turn out. You can email Marina.

[Wallasey \(u3asite.uk\)](mailto:Wallasey@u3asite.uk) Please send any items for the newsletter or website to me Cathy Morgan

For all future newsletters we will be including the Minutes of the committee meetings for that month. The Minutes are also available to be read on the blue notice board at our monthly members meetings.

Wallasey U3A Committee Meeting

Next committee meeting is scheduled for Thursday 21st August